

# **Big Fat Lies Women Tell Themselves: Ditch Your Inner Critic And Wake Up Your Inner Superstar By Amy Ahlers**

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**big fat lies women tell themselves : ditch your** - Genre/Form: Electronic books: Additional Physical Format: Print version: Ahlers, Amy. Big fat lies women tell themselves. Novato, Calif. : New World Library, 2011

**amy ahlers profiles | linkedin** - Amy Ahlers, the Wake-Up Call Coach and bestselling author, Big Fat Lies Women Tell Themselves: Ditch your Inner Critic and Wake Up Your Inner Superstar

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